

## **COVID-19 Update**

Dear RevFit Members,

First and foremost, we want to take this time to **thank you all for being a member of our gym**. Every chance we get, especially in times like these, we want to count our blessings. You all are blessings to us, and we are so grateful for your loyalty and support throughout this tumultuous year. It has definitely been one for the books. We could not have made it this far without each and every one of you.

As you know, the number of COVID-19 cases have recently been on the rise. In turn, as a gym, we have also seen those numbers rise. We want to assure you that we are doing everything we can to keep you all as safe as possible. New and improved changes and protocols along with COVID professional cleanings are going into place, and we want to make you aware of them.

- Our first professional COVID cleaning will occur Friday, December 18th at noon; the gym will close and every surface of the gym will be professionally cleaned and sealed. We will remain closed until Saturday, December 19th at noon. At that time, we will open up <u>24-hour access</u>. Staffed hours will resume on Monday like normal. Every 30 days, this cleaning will occur, and the members will be notified of the closure.
- 2. Beginning **Monday, December 21st**, we will be reducing the **Spin Class size to 15 members**. This will assure that we are continuing to be able to keep everyone 6-ft apart while in class.
- 3. In those Spin Classes, Bikes are numbered, and we ask that you stay on your ASSIGNED bikes. This gives us the ability to know where everyone was seated and it ensures that all cleaning measures are being taken. By everyone adhering to this, it gives us the important information that we may need in order to keep everyone informed and safe.
- 4. Before attending any group fitness or spin classes, you will not only sign into the class, but you will also sign
  - a. an acknowledgment of the assumption of risk related to COVID-19 while taking group fitness classes, spin classes, or bootcamps AND
  - b. an acknowledgment that you have not and are not experiencing any COVID-related symptoms before entering class.
- 5. We will be adding 6-ft apart markers on the floor in the lobby and outside our group fitness rooms. Please abide by these markings and maintain that social distancing. If you wish to socialize in groups, we ask that you do so outside.

- 6. Masks are a must when entering and exiting the gym. Moreover, we ask that you wear a mask and keep it on while setting up, waiting on class, and conversing with others. Masks can be taken off once you are set up and ready to begin your class/workout. Please put masks back on once you are finished and then proceed to cleaning and sanitizing your area.
- 7. Going forward, if anyone in a class you attend tests positive, we will notify you via email so that you can stay informed. Please be sure your email and phone number in Mindbody is up-to-date.

We thank you, as always, for your willingness to navigate these uncertain and unsettled times with us. We know that as a family and a community we can conquer anything. Even through a pandemic, we know that we must utilize the gym to remain strong, fit, confident, and beautiful inside and out.

We have and will continue to make the safety of our gym members our number one priority. Our staff will continue to UP their diligence in cleaning and sanitation. If you have any additional questions please send us an email at <a href="mailto:admin@revfitgym.com">admin@revfitgym.com</a> or call 337-235-6000.

RevFit Staff and Management